

OUR STUDENT VARIETY

Lotus River Wellness

MILITARY SPOUSES & ACTIVE DUTY SERVICE MEMBERS

Many military spouses join our program in search of wellness and a supportive community. At times, active duty service members choose to enroll as well.



WORKING PROFESSIONALS

Many working professionals are drawn to our training as a way to find balance and relief from the stresses of their day-to-day responsibilities. Beyond managing stress, they often discover that the practice supports a greater sense of focus, energy, and overall quality of life—both personally and professionally.

HOMEMAKERS & THE GENERAL PUBLIC

Homemakers and adults from the general public enroll in training for many reasons. Homemakers may be interested in personal growth and holistic health. Adults from the general public may have an interest in pursuing yoga as a lifelong interest.



DISCLOSURE: THIS COURSE IS OFFERED FOR AVOCATIONAL PURPOSES ONLY AND IS NOT INTENDED TO PREPARE STUDENTS FOR EMPLOYMENT. COMPLETION OF THIS PROGRAM DOES NOT GUARANTEE JOB PLACEMENT.